



EUROPEAN UNION PHYSICAL ACTIVITY AND SPORT MONITORING SYSTEM - EUPASMOS

7th Meeting EU PA Focal
Points Network
Zagreb, 14 November 2017



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| Rationale



Rationale: HEPA XG and HEPA Focal Point Meetings at Cyprus & Belfast

- The publication of contradictory data regarding PA and sport participation, resulting from different methods reported, has risen a clear need among all MS, Commission and WHO to address the comparability, validity and reliability of the information.
- It is urgent to develop an efficient mechanism to overcome these difficulties and help MS to improve the assessment of HEPA policies in order to adjust the PA and sport promotion across all population segments.



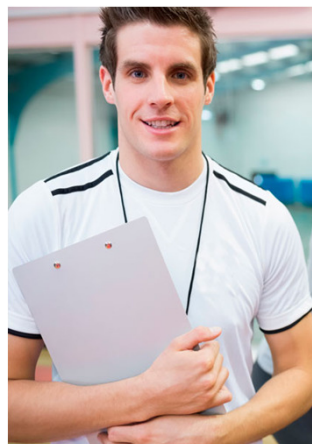
Erasmus+ (collaborative partnerships)

- Submission deadline: **6 April 2017** noon CET
- Maximum grant awarded for collaborative partnerships:
 - 400.000,00 EUR (max duration of the project 36 months)
- Application approved:
 - Funding – 399.980,00 EU
- Administrative procedures are being developed to sign the contract;
- Beginning: 1st January 2018



| Project Coordination

- Portugal (Portuguese Institute of Sport and Youth) will lead the project and coordination will be developed in close partnership with Netherlands (National Institute for Public Health and the Environment), European Commission – Sport Unit and WHO – Regional Office for Europe (Lea Samantha, Nathalie Julskov)



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| Project EU Partners Involved

- Cyprus – Cyprus Sport Organisation
- France – Université Clermont-Auvergne
- Hungary – Hungarian Leisure Sport Organisation
- Italy – Movimento Sportivo Popolare Italiano
- Latvia - Latvian Academy of Sport Education
- Netherlands - National Institute for Public Health and the Environment
- Portugal - Portuguese Institute of Sport and Youth – **Project Leader**
- Slovenia – University of Ljubljana
- Sweden - The Public Health Agency of Sweden
- *Spain - Agencia Espanola de Protección de la Salud en el Deporte - tbc*
- Denmark - National Institute of Public Health



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| Country Leaders

- Cyprus – Michael Michaelides
- France – Martine Duclos
- Hungary – Réka Veress
- Italy – Igor Lanzoni
- Latvia – Andra Fernate
- Netherlands – Wanda Wendel-Vos
- Portugal – Paulo Rocha – **Project Leader**
- Slovenia – Gregor Jurak
- Sweden – Marita Friberg
- *Spain – Antonio Campos Izquierdo*
- *Denmark – Inger Dahl-Peterson*
- *Croatia – Slaven Krtalic*
- *Bulgaria*
- *Finland - Tommi*



| External Associate Advisory Partners

- European Commission - Sport Unit
 - Olivier Fontaine - *coordination adviser*
- WHO – Europe Regional Office
 - João Breda – *coordination adviser*
- The Association For International Sport for All – TAFISA
 - Wolfgang Baumann
- EuropeActive
 - Cliff Collins
- European Platform for Sport Innovation – EPSI
 - Alberto Bichi



| External Associate Advisory Partners

- International Sport and Culture Association – ISCA
 - Jacob Schouenborg
- Institute of Sport Science and Sport – ISS
 - Alfred Rütten and Karim Abu-Omar
- Robert Koch Institute – RKI
 - Jonas David Finger
- *ECF - new*
 - Randy Rzewnicki

| Scientific Advisory Board

Scientific Chairs:

- Luis Bettencourt Sardinha – Faculty Human Kinetics, UL, PT
- ISS, Friedrich-Alexander University, Erlangen, Germany - Alfred Rütten and Karim Abu-Omar

Members:

- All
- Others tbc



| Project Aim

- To implement an *EU Physical Activity and Sport Monitoring System*, through the development of an integrated and shared methodological process that will provide comparable, valid and reliable PA and sport participation data across EU MS.
- This will support the EC, MS, WHO and other relevant organizations in the design, promotion, implementation and surveillance of effective and adjusted HEPA policies and strategies across Europe and governance levels.

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| Objectives

- I - To Establish a monitoring framework to assess sedentary behavior patterns, PA and sport participation in EU MS.



| Objectives

- II - **To compare commonly used questionnaires for PA surveillance** (e.g. GPAQ, IPAQ, European Health Interview Survey Physical Activity Questionnaire - EHIS-PAQ, Eurobarometer and national - specific PA questionnaires) **with each other and with objective accelerometer data** in a validation study that will use adjusted representative samples from EU partner countries.



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| Objectives

- III – **To analyze and compare sedentary behavior patterns and PA and sport participation prevalence rates** across European MS based on the results obtained with the validation study.



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| Objectives

- IV – **To develop a toolkit** to build and reinforce MS capacity to monitor, analyze, and compare sedentary behavior patterns, PA and sport participation prevalence data. It will support MS to implement and develop the PA and sport monitoring framework in their countries.
- V - **To support the development of the PA section of the iNCD database**, aligned it with the EU HEPA monitoring framework. Sedentary behavior patterns will also be included in this database.

Main Deliverables

- Technical and financial reports – half way and final
- Report on methods used
- Report on country implementation
- Country publications
- Two peer-review scientific publications
- Main conference
- Dissemination of project across Europe and on social media and other platforms
- Toolkit publication and dissemination
- Toolkit website - online resources availability
- Updated WHO iNCD database

| Project Work Packages

1. Management, coordination and evaluation
2. Communication and dissemination
3. Literature review and development of monitoring framework
4. Data collection on SB, PA and sport participation
5. Validation of PA and sport monitoring tools
6. Comparison of PA and sport prevalence in EU MS
7. Development of a toolkit to support SB, PA and sport monitoring across EU MS
8. Integration of data in iNCD database

| Project Phases

Project phase	I	II	III	IV	V
Timeline	Jan-Apr 2018	May-Nov 2018	Nov 2018 - May 2019	Mar-Jun 2019	Jun-Dec 2019
Key Activities	Review, analysis and development of monitoring framework	Data collection	Data analysis and validation of monitoring tools	Comparison of PA and sport prevalence in the EU	Development of toolkit and dissemination of project findings
Project Meeting	Kick-off (Jan 2018)	Data collection planning (Apr 2018)	Validation of tools (Nov 2018)	Comparison of prevalence and toolkit development (Apr 2019)	Main conference (Sept 2019)
Active Partners	Project partners - all;	Project partners - all; external partners	Project partners - all; external partners	Project partners - all; external partners	Project partners - all; external partners
Active Work Packages	WP1, WP3, WP4, WP5, WP6	WP1, WP2, WP4, WP5	WP1, WP2, WP5, WP7	WP1, WP2, WP6, WP7	WP1, WP2, WP7, WP8

| Main Outputs

- Literature review and definition of monitoring framework;
- EUPASMOS website development;
- Data collection;
- Reports on country implementation (one per partner MS);
- Peer-review scientific publication on validation study;
- Peer-review scientific publication on comparison of SB, PA and sport prevalence data;

| Main Outputs

- Intergovernmental report on data validation and comparison;
- Update Health Gateway;
- Toolkit publication;
- Main conference – Lisbon.



| Information Dissemination

- WHO's iNCD database.
- Peer-review publication on validation study
- Peer-review publication on comparison SB, PA data and sport prevalence
- Country-specific scientific publications
- Main conference - invitation to all EU HEPA Focal Points, representatives from DG/EAC, WHO and HEPA network
- Web and social media news - LinkedIn, Facebook, and Twitter
- Dissemination of the toolkit through the website and physical publication
- High-quality presentation and report to disseminate project to stakeholders, i.e. HEPA network, MS, WHO and DG/EAC and other organizations



| Kick-off Meeting - Budapest

- 18-19 January 2018
 - *Host: Reka Vress - Hungarian Leisure Sport Association*
 - *Kick-off with the EU Commissioner – Tibor Navracsics*
 - *Government bodies from Portugal and Hungary*
 - *EUPASMOS Web site launch*



| Meetings

- Budapest, Hungary, 18-19 January 2018
 - *Host: Hungarian Leisure Sport Association*
- Ljubljana, Slovenia, May 2018
 - *Host: University of Ljubljana*
- Amsterdam, Netherlands, December 2018
 - *Host: National Institute for Public Health and the Environment*
- Limassol, Cyprus, March 2019
 - *Host: Cyprus Sport Organization*
- Lisbon, Portugal, September 2019
 - *Host: Portuguese Institute of Sport and Youth*
- **Final Dissemination Conference – Lisbon Sept. 2019**